

# JCTR BASIC NEEDS BASKET: LUSAKA

JULY 2013

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal(breakfast)	62.41	2 x 25Kgs	124.82	
Beans	14.43	3 Kgs	43.29	
Kapenta (dry)	102.33	2 Kgs	204.66	
Bream (dry)	77.50	1Kgs	77.50	
Beef, mixed cut	28.83	4 Kgs	115.32	
Dark green vegetable	6.31	4 Kgs	25.24	
Tomatoes	6.13	4 Kgs	24.52	
Onion, large	7.36	2 Kgs	14.72	
Cooking oil (2.5 Ltrs)	33.78	3 litres	40.54	
Bread wheat, refined floor, baked	5.50	1 loaf/day	165.00	
Sugar	15.93	6 Kgs	47.79	
Milk (fresh)	5.15	4x500ml	20.60	
Tea, powder (250g)	49.71	1 Kgs	49.71	
Eggs	8.78	2 Units	17.56	
Salt	4.01	1Kgs	4.01	
<b>Sub Total</b>				<b>975.28</b>

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	135.00	180 Kgs	270.00
Soap (Lifebuoy/Champion)	3.07	10 Tablets	30.70
Wash soap (Boom)	4.36	4x400g	17.44
Jelly (e.g Vaseline)	13.00	1x500ml	13.00
Electricity (med. density - fixed)	372.00		372.00
Water & Sanitation (med. cost - fixed)	210.00		210.00
Housing (med. density - 3 bedroom)	1,750.00		1,750.00

**Sub Total** 2,663.14

**Total for Basic Needs Basket** 3,638.42

Totals from previous months	June 12	July 12	Aug 12	Sep 12	Oct 12	Nov 12	Dec 12	Jan 13	Feb 13	Mar 13	Apr 13	May 13	June 13
Amount (K)	3,395.66	3,445.00	3,456.36	3,455.50	3,450.06	3,475.72	3,532.10	3,469.68	3,645.44	3,616.18	3,593.60	3,625.20	3,684.46

## (C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
<b>Education</b>		<b>Transport (bus fare round trip)</b>	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K9.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelston -Town	K9.60
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K8.40
<b>Health (clinic)</b>		<b>Fuel (cost at the pump)</b>	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K9.91
Self referral (Emergency Fee)	K 5.500	Diesel (per litre)	K9.20
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K6.83

## (D) SOME COMPARATIVE FIGURES OF WAGES--"TAKE HOME PAY"

	Teacher	Nurse	Secretary in Civil Service	Average Monthly Income in Urban Low-Cost Area – CSO
Pay Slip	K1,695.17to K2,725.990	K2,418.25 to K2,798.25	K1,633.71 to K2,749.23	K1,403.00 (2010 Living conditions survey)

This survey was conducted on 30<sup>th</sup> and 31<sup>st</sup> July, 2013 by the Social Conditions Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The July Basic Needs Basket is approximately **US\$665** based upon the average exchange rate of **K5.4700** per **US\$** prevailing on the days of data collection.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia  
 Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: [basicjctr@jesuits.org.zm](mailto:basicjctr@jesuits.org.zm) Website: [www.jctr.org.zm](http://www.jctr.org.zm)  
 Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka